

SIGN UP FORM

Sign up online:

<http://crwash.cr.k12.ia.us/athletics/basketball-men/>

Or Please Return the Registration Form To:

Washington High School

Attn: Boys Basketball C/C Justin Decker

2205 Forest Drive SE Cedar Rapids, IA 52403

Players Name: _____

Grade Level (entering 2017-18) _____

Address: _____

City: _____ Zip Code: _____

Players Phone: _____

Parents Phone: _____ 2nd: _____

Parents Names: _____

Parent Email: _____

2nd Email: _____

\$50 Camp fee covers summer camp and tournament entry fee's. Players will not be able to participate in summer tournaments until payment is received.

Waiver Agreement

I UNDERSTAND THAT THIS CAMP REQUIRES PHYSICAL EXERCISE AND BY SIGNING BELOW I RELEASE THE MENS BASKETBALL STAFF OF WASHINGTON HIGH SCHOOL AND ALL OTHER ADMINISTRATIVE PERSONNEL AND WORKERS OF WASHINGTON HIGH SCHOOL FROM ALL LIABILITY OF INJURY. I HERBY GIVE MY SON _____ PERMISSION TO PARTICIPATE IN THE CEDAR RAPIDS WASHINGTON HIGH SCHOOL BASKETBALL CAMP.

Parent Signature

Date

WASHINGTON WARRIOR



SUMMER HIGH SCHOOL BASKETBALL CAMP

CAMPS ARE OFFERED TO BOYS
GRADES 9TH-12TH

PRACTICE TUESDAY AND THURSDAY

1:00 PM-3:00 PM FOR 9TH-10TH GRADERS

3:00 PM- 5:00 PM FOR 11TH-12TH GRADERS

MONDAY-WEDNESDAY-FRIDAY

LIFTING AND SKILL WORK 9 AM-11 FOR ALL

CAMP BEGINS JUNE 11TH AND RUNS
UNTIL END OF JULY

WARRIOR SUMMER CAMP

This camp is designed to build and create our Warrior Culture, while improving individual and team play. Camp is split into two slots depending on your grade level. Practice is held Tuesday and Thursday and is split into two segments. Freshmen and sophomore grades will practice from 1 pm to 3. and varsity will go from 3 pm to 5. Days will consist of skill work, drills, and live scrimmaging. Participation in camp is not required but is highly recommended. Players are also not required to make every day of camp.

\$50 Camp Fee also Covers Player's Tournament Entry Fees

PLAY HARD, PLAY SMART,
PLAY TOGETHER!

Beginning Soon:
June 11th-End of July



WARRIOR BASKETBALL SUMMER SCHEDULE

Summer Camp Schedule

Practice will be held on Tuesday & Thursday

Slot 1: 1:00-3:00 for Freshmen and Sophmores

Slot 2: 3:00-5:00 for Varsity

Individual Work (all) Monday-Wed-Friday

9:00-10:00 am - Lifting

10:00 - 1:00 am Skill Work

CAMP DAILY BREAK DOWN

30 Minutes Player Skill Development

60 Minutes of Team Development

30 Minutes of Strength & Conditioning or Speed and agility work

Scrimmage & Tournament Tentative

Schedule

Mt. Vernon Shootout- June 2nd (Soph/Varsity)

Kennedy Tuesday Night League (Fresh/Soph)

UNI Team Camp- June 9th-10th (Soph/Varsity)

Corridor Classic- June 15th-16th (Soph/Varsity)

Sharp Shootout on June 22rd-23rd (Varsity)

Varsity Sunday Night League (held 6 Sundays)

UW-Oshkosh Team Camp- June 29th-30th

(Varsity)

*additional scrimmage are being added in July



Justin Decker just wrapped up his third year as the Head Boys basketball coach at Washington High School. Prior coming to Washington, Decker spent 5 years as the associate head basketball coach at Coe College. While at Coe College the Hawks finished in the top 3 of the Iowa Conference 4 of his 5 years there. Prior to working at Coe, Decker spent three years as the head assistant at Cornell College. In 2008-09 the Rams won the school's first IAC Tournament championship in school history for any male sport, earning their first NCAA Tournament berth in 15 years. In his collegiate years, Decker played four seasons at Cornell. He was a two-time academic All-Iowa Conference selection and the team captain his senior season. Decker has over ten years of summer camp experience including working camps at Washington High School, Coe College, Cornell College, and the Citadel.

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ANY QUESTIONS CONTACT

COACH JUSTIN DECKER

EMAIL: JUDECKER@CR.K12.IA.US

PHONE: 515-460-7467